

August 2026 Poplar Heights Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Programs are subject to change.	Exercise calendars are posted in the Resident home area.	One to One visit happens when Recreation is present.	Poplar Heights Recreation Therapist is Lynsey Sendrowski			August 1
August 2	August 3 8:00 Breakfast 10:30 Outdoor Walks 2:00 Bingo	August 4 10:00 Crokinole 2:00 Sing-along	August 5 2:00 Music with Archie 6:15 Campfire	August 6 10:00 Table Games 2:00 Word Games	August 7 2:00 Social	August 8
August 9	August 10 2:00 Bingo 5:00 Supper Program	August 11 10:00 Art 1:30 Country Drive	August 12 10:00 Travelogue 2:00 Music with Terry Carter	August 13 9:30 Resident's Council 10:00 Reading 2:00 Bocce Ball	August 14	August 15 8:00 Breakfast Program 10:30 Ball Toss 1:30 Bell Choir
August 16 10:00 Hymn Sing 2:00 Euchre	August 17 10:00 Postcards of the Past 2:00 Bingo	August 18 9:00 to 11:00 Norview Cafe 2:00 Word Games	August 19 9:30 Simcoe Library Bus Trip 2:00 Reptile Show	August 20 10:30 Catholic Mass 12:00 Luncheon 2:00 Outdoor Walks	August 21 9:00 Euchre 2:00 Sing-along	August 22
August 23	August 24 2:00 Bingo	August 25 9:15 Country Drive 2:00 Baptist Church 2:00 One-to-One Visits	August 26 10:00 You Be The Judge 2:00 Live Music	August 27 10:00 Social 2:00 Trivia	August 28 9:00 Sensory Room 2:00 Happy Hour Birthday	August 29
August 30	August 31 10:00 Art 2:00 Bingo					

