

Norview News

May 2026

Family Council

The Norview Lodge Family Council's mission is to improve the quality of life and quality of care for all Residents by promoting an atmosphere of sensitivity, caring and support among staff, friends and family members of residents of Norview Lodge.

The council plays an important role for residents as they:

- ✚ Assist families and provide information
- ✚ Provide an opportunity for two-way communication with the home's administration
- ✚ Work with administration to impact positive changes that will benefit all residents within the home

Interested in being part of the family council at Norview Lodge? Meetings are held quarterly

Connect with Doug Haskett, chairperson
douglasattheedge@gmail.com

Recreation News

April showers have finally brought May flowers!

With spring in full swing, the Recreation Department is excited to start holding outdoor programming for the residents!

May 13th, from 2-3pm is the Annual Mother's Day Tea in the Center Courtyard.

Residents and loved ones are invited for an afternoon of live flute music, tea, treats, and sunshine. Wear your best Sunday hats and come celebrate all mothers.

Our outdoor summer concert series will also kick off in May with Heart and Soul on May 27th at 2pm in the Center Courtyard.

Please note that all outdoor programs are weather permitting.

As the cardinal rule of gardening goes, keep a look out around the Victoria Day long weekend for the outdoor areas to blossom when the threat of frost is lost. Residents will be hard at work during this time getting the flowerbeds in the resident courtyards planted and thriving!



Infection Control

Outbreak Management Reminder

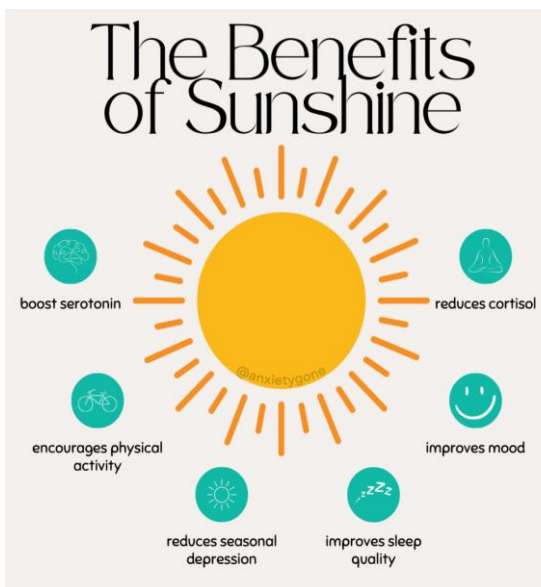
During outbreaks, it is essential to follow all IPAC precautions to help prevent further spread:

- Masking is required in affected home areas
- Appropriate PPE must be worn when caring for Residents who are symptomatic
- Ensure proper donning and doffing practices at all times per the signage on the Residents door

COVID-19 Booster Campaign – May

A COVID-19 booster clinic will be taking in place in May for Residents with approved consent for subsequent doses.

Staying up to date with vaccinations is one of the most effective ways to protect our Residents and staff



When visiting at Norview, feel free to enjoy all the lovely outdoor spaces we offer. Take a Resident outside and enjoy all the benefits of the sun!

May is Caregiver Awareness Month

May is Caregiver Awareness Month across Canada. It is an opportunity to acknowledge the contributions of thousands of Canadians who partner with and provide care to family and friends. It is likely that you know a care partner, or you may be one yourself.

One in four Canadians is a caregiver. In 2020, there were 350,000 care partners supporting people living with dementia. By 2050 this number is projected to nearly triple with an increase to over one million care partners in Canada.

Care partners provide support with a range of day-to-day activities. They help with household chores, provide personal care, navigate health care needs, and provide companionship to the person they care for.

You may have heard dementia referred to as a women's issue. This is not unfounded. Around twice as many women as men are diagnosed with Alzheimer's disease, and although both men and women provide care, statistics show that women do most of the unpaid caregiving for people living with dementia. Also, more than half of care partners are adult children and nearly one-third are spouses between the ages of 45 and 65. Known as the sandwich generation, many women provide care to parents while also working and caring for children which can lead to feelings of overwhelm.

As a result of these 26 hours a week spent on caregiving (the equivalent of a part-time job), women often step away from the paid workforce, missing career opportunities and putting their own financial security at risk. They may also spend less time with their friends and social networks.

While many individuals find caregiving to be a very rewarding experience, it can also be stressful at times. Caregiving stress can negatively impact the physical and emotional health of care partners and their quality of life.

As the number of people living with dementia and the people caring for them will only continue to increase in the coming years, it is crucial that we find ways to better support and alleviate the demands placed on care partners. Everyone has a role to play.

What can you do? Here are a few suggestions:

- Support care partners within your families and social networks
- Offer to run errands or make a meal
- Increase your awareness of dementia and how it impacts care partners.
- Advocate for your community to become dementia-friendly to reduce stigma and isolation that impacts care partners and people living with dementia.
- Improve your own brain health and take measures to reduce your risk.