

Norview News

August 2026

Introducing Frankie G, the Norview Goose

Norview Lodge has a new mascot. The program department purchased the goose and to help introduce her, they held a naming contest where Residents, families, visitors, and staff could submit suggestions.

The response was wonderful, with the suggestion box overflowing with creative names. The final name selected was Madame Francesca Gooseberry when she is dressed to impress and feeling especially fancy, or simply Frankie G on her more casual days.

Frankie has become a fun companion for programming, a cheerful topic of conversation for Residents, and a charming sidekick who can join outings and dress for different occasions. Staff have really embraced the idea and have even brought in outfits for Frankie to wear at various events.

Frankie is typically kept at front reception and either stays there for the day or joins different programs and activities as appropriate.



Recreation News

This month, the Recreation Department would like to highlight a program and space that is lesser known. Norview Lodge is privileged to have a Snoezelen Room, currently located in Spruce Court. This is a separate, sensory space for residents to use in a one-to-one or small group setting with a Recreation Therapist.

Snoezelen is beneficial for individuals living with Dementia, as it allows them to take part in the sensory aspects of hobbies they have previously enjoyed through their life. Sensory stimulation through lights, sounds, touch, and hands on activities helps to increase awareness and attention, and can help improve mood, and connection with others.

Recreation Therapists will tailor each Snoezelen room visit to the individual Resident in a variety of ways such as, selecting appropriate auditory stimulation such as, nature sounds (birds, water), or the resident's favorite musical genre or artist. There are a variety of visual aspects such as, a bubble tube with a colour switch to encourage choice and control, a projector to modify relaxing scenery on the wall to match each resident's interests, and fibre optic lights that continuously change colour and can offer tactile stimulation.

Tactile activities can add another aspect of sensory stimulation for Residents such as, holding a stuffed animal or baby doll, known as Nurture Therapy, or Love and Comfort Therapy. This allows a resident to resume a care-taker role and provide a purpose in caring for their animal or doll and to feel a caring connection. Also, sorting activities, building, threading, help connect Residents to past interests in construction and homemaking.

Visits to the Snoezelen Room are scheduled on each home area's calendar, as well, they can be provided on an ongoing basis as needed and determined for each Resident by the Recreation Therapists.

Infection Control

Did you know?

Residents of long-term care homes are more vulnerable to infections due to age related changes in their immune systems and underlying health conditions. Simple actions such as cleaning your hands and staying home when sick make a significant difference in preventing illness.

As summer begins to wind down, we are taking proactive steps to prepare for the upcoming respiratory illness season. Infection Prevention and Control (IPAC) practices remain an important part of protecting our Residents, staff, families, and visitors

Hand Hygiene Continues to Be Key

Whether you are visiting regularly or stopping by for a special occasion, cleaning your hands remains one of the simplest and most effective ways to prevent the spread of infection. Please use the hand sanitizer stations available throughout the home and encourage children visiting loved ones to do the same.

Help Prevent the Spread of Illness

Even mild symptoms can be the first sign of an infection. If you are experiencing symptoms such as a cough, sore throat, fever, runny nose, vomiting, or diarrhea, please postpone your visit until you are feeling well

Respiratory Etiquette: Small Actions, Big Impact

As we continue to enjoy visits and activities throughout the summer, we would like to remind everyone of the importance of practicing good respiratory etiquette.

What is Respiratory Etiquette?

Respiratory etiquette refers to everyday practices that help prevent germs from spreading through coughing, sneezing and respiratory secretions.

- Cover your mouth and nose with a tissue when coughing or sneezing
- Dispose of used tissues immediately in the nearby waste receptacle
- If a tissue is not available, cough or sneeze into your elbow rather than your hands
- Clean your hands after coughing, sneezing, or blowing your nose
- Avoid touching your eyes, nose, and mouth whenever possible

Thank you for your continued support in creating a safe and healthy environment for everyone in our home. Your efforts, no matter how small they seem, make a meaningful difference in protecting our Residents and community

Pain, Palliative and End of Life Program

New clinical pathways have arrived and are being implemented to improve processes for our home regarding pain, palliation, and end of life. There will now be discussions occurring at time of admission and as needed to review and discuss personalized wishes. This opportunity will provide Residents and families with the opportunity for education and understanding while being able to honor personal wishes. Our nursing department and social services will work collaboratively to facilitate discussions regarding goals of care, advanced care planning, palliation, and end of life.