

June 1 to 28, 2026

# Delhi Kinsmen Pool Swim Schedule

**Book your swim in ENCORE Or call 519-426-5870 or 226-NORFOLK ext. 5820#**

- Pre-registration is recommended for all swims, walk-ins are welcome if space is available
- See website or contact Customer Service for cancellation policy
- Swim times are subject to change
- Recreational swim admission standards in effect
- Visit [norfolkcounty.ca/Swimming](http://norfolkcounty.ca/Swimming) for future swim schedules



Community Day free swims	Pool closures	Fun Fridays
<ul style="list-style-type: none"> <li>• <b>Saturday, June 13</b> - Family Swim 11:00 a.m.-12:00 p.m.</li> <li>• <b>Sunday, June 14</b> - Public Swim 1:00-3:00 p.m.</li> </ul>	<ul style="list-style-type: none"> <li>• <b>Wednesday, July 1</b> - Canada Day</li> <li>• <b>Monday, August 3</b> - Civic Holiday</li> </ul>	<ul style="list-style-type: none"> <li>• <b>June 5</b> - P.A. Day Swim 1:00-2:30 p.m.</li> <li>• <b>June 26</b> - Schools Out Celebration 1:00-2:30 p.m.</li> <li>• <b>July 10</b> - Christmas in July 1:15-3:00 p.m.</li> </ul>

**Length Swims** - The pool is divided into lanes for swimmers of all ages to swim lengths. Patrons must swim lengths. Children may attend if they keep a consistent pace within the lane and follow established lane etiquette.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:30-8:30 a.m. 6:15-7:15 p.m.	7:30-8:30 a.m.	6:15-7:15 p.m.	7:30-8:30 a.m.	7:30-8:30 a.m. 5:15-6:00 p.m.	-	-

**Leisure Swims** - The pool is divided with one lane for swimmers to do lengths, four lanes are open for swimmers to swim freely. Adults and seniors only.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
8:30-9:45 a.m. (3 lanes 9:00-9:45 a.m.)	8:30-9:45 a.m. (3 lanes 9:00-9:45 a.m.)	-	8:30-9:45 a.m. (3 lanes 9:00-9:45 a.m.)	8:30-9:45 a.m. (3 lanes 9:00-9:45 a.m.)	-	-

**Aquafitness** - Instructor-led program for all ages and abilities. Instructors are trained to accommodate the program for all levels and water depths. Pre-registration is recommended.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
9:00-9:45 a.m. 6:15-7:00 p.m.	9:00-9:45 a.m.	6:15-7:00 p.m.	9:00-9:45 a.m.	9:00-9:45 a.m. 5:15-6:00 p.m.	10:00-10:45 a.m.	10:00-10:45 a.m.

**Length and Leisure Swims** - A portion of the pool is divided into lanes for swimmers to swim lengths of the pool, while the remainder of the pool is open to swim freely. Adults and seniors only.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:00-1:00 p.m. 3:00-4:00 p.m.	12:00-1:00 p.m. 2:30-4:00 p.m.	12:00-1:00 p.m. 3:00-4:00 p.m.	12:00-1:00 p.m. 2:30-4:00 p.m.	12:00-1:00 p.m. 2:30-4:00 p.m.	12:00-1:00 p.m.	12:00-1:00 p.m.

**Aqua Yoga (AY)** - A calming class that combines gentle yoga movements with the support of water to ease tension and improve flexibility. The buoyancy reduces joint strain, making it ideal for all levels, including those with limited mobility. Enjoy improved balance, deeper relaxation, and a sense of mindfulness as you flow with the water's support.

**Mobility Swims (M)** - Instructed class to maintain and increase joint mobility and range of motion. It is great for those with arthritis, fibromyalgia, mobility challenges or those who have had joint replacement. Pre-registration is recommended.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
2:15-3:00 p.m. (AY)	-	2:15-3:00 p.m. (M)	-	-	-	-

**Open Swims** - Open to all ages for recreational swimming and enjoyment.

**Family Swims (FS)** - Open to families only. ALL children must be accompanied in the pool by an adult.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
7:15-8:15 p.m.	6:15-8:15 p.m.	7:15-8:15 p.m.	6:15-8:15 p.m.	6:15-8:15 p.m.	1:00- 3:00 p.m. 11:00 a.m.- 12:00 p.m. <b>(FS)</b>	1:00- 3:00 p.m. 11:00 a.m.- 12:00 p.m. <b>(FS)</b>

## Swim Rates (HST extra on all fees)

### Aquafit / mobility Pay-as-you-go

- Adult - \$10.50
- Senior - \$9.00

### 10-visit pass

- Adult - \$79.00
- Senior - \$68.00

### 20-visit pass

- Adult - \$132.00
- Senior - \$113.00

### 12-month pass

- Adult - \$410.00
- Senior - \$351.00

### Recreational swims Pay-as-you-go

- Adult - \$5.50
- Child / senior - \$3.25
- Family (up to 6) - \$12.50
- Children under 2 - free

### 10-visit pass

- Adult - \$41.50
- Child / senior - \$24.5

### 20-visit pass

- Adult - \$69.00
- Child / senior - \$41.00

### All-inclusive fitness and swims

- 1-month - Adult \$69.00,  
Senior \$60.00
- 12-month - Adult \$462.00,  
Senior \$392.00

### Splash pass

- Adult - \$127.25
- Child / senior - \$69.50

Senior rates apply to ages 65+ or individuals on a government pension.

For more information, contact Recreation Customer Service at 519-426-5870, extension 5820#, or to register, scan the QR code.



**Norfolk**  
COUNTY