

May 2026 Norfolk Pinery Activities with Lynsey

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Exercise calendars are posted in the resident home area.	One to One visit happens when recreation therapist is present.	Programs are subject to change	Recreation Therapist is Lynsey Sendrowski		1	2
3	4 10:00 Seed Planting 2:00 Bingo	5 10:00 Crokinole 10:00 Bible Study	6 10:00 Active Games 1:15 Tulip Field Bus Trip	7 10:00 Program with Krystal 2:00 Birthday Party	8 10:00 Table Games 2:00 Bell Choir	9
10	11 9:30 Piano Music 10:00 Trivia 2:00 Bingo	12 10:00 Table Games 2:00 United Church	13 9:00 Gentle Therapy 2:00 Mother's Day Tea 6:15 Pub Night	14 10:00 Sing-along 2:00 Physical Games	15 10:00 Card Making 2:00 Word Games	16
17	18	19 10:00 Maker's Club 2:00 Bingo	20	21 10:00 Reading 10:30 Catholic Mass 2:00 Hymn Sing	22 2:00 Shake Loose a Memory 2:00 Choir Practice	23 1:30 Gardening
24 10:00 Hymn Sing 2:00 Euchre	25 10:00 Piano Gather 1:15 Drive	26 10:00 Crafts 2:00 Baptist Church	27 10:00 Painting 2:00 Music with Heart and Soul	28 9:00-11:00 Norview Café	29 10:00 Bell Choir 2:00 Bingo	30
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